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Just Get Me Through This! (Revised edition)

By Deborah A. Cohen, Robert M. Gelfand

Kensington Publishing. Paperback. Book Condition: new. BRAND NEW, Just Get Me Through This! (Revised edition), Deborah A. Cohen, Robert M. Gelfand, You Can Get Through This Your doctor told you it was breast cancer. So now what?! You'll need plenty of essential advice--the kind that only comes from someone who's been there. In "Just Get Me Through This!" Deborah A. Cohen and Robert M. Gelfand, M.D. help you deal with all the ups and downs of the breast cancer experience. From the shock of diagnosis to getting through treatment to getting on with your life, they pack it with plenty of straight talk and practical tips. This newly updated edition also includes advice from two prominent breast cancer surgeons. Discover: The latest data on hormonal treatments How cornstarch can help you breeze through radiation Why a calendar can help you get through chemotherapy Information on the latest drugs used as part of chemotherapy How to ease back into an intimate relationship Who might be your best ally when you're feeling blue The surefire way to beat insurance and workplace hassles What medical professionals say about everything from surgery to soy Each step of the way, this wise and witty companion...



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