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Grief as I Know it (Paperback)

By Jandy Chambers

AUTHORHOUSE, United States, 1997. Paperback. Book Condition: New. 204 x 128 mm. Language: English . Brand New Book ***** Print on Demand *****.Having lost five family members to death and having gone through a divorce in a 2 1/2 year period beginning at the age of 26 sets the unbelievable journey Jandy Kelley had to embark on. In the first half of her book, Grief As I Know It takes you through her experiences of having lost her mother, father, 35 year old sister, grandmother, aunt and a divorce. The second half of Grief As I Know It explains to the healing techniques Jandy used to not only get through the pain, but turn her experiences into a life changing, positive experience. This book caters to others dealing with their pain and moving forward into life. As the readers turn each page, they will know that Jandy understands and connects with their feelings and knows the trials and tribulations of grief. This combination self-help/autobiography stands out through its honest and vivid accounts of her experiences.



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