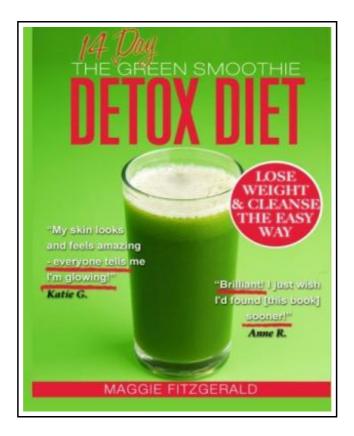
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Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 198 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Do you find yourself feeling tired and sluggish for no apparent reason? Do you find that you re overweight, despite often going for the low fat or diet options? Do you feel like it s time to take charge of your health? If any of these sound familiar, then this book is for you. The 14-Day Green Smoothie Detox Diet gives you everything you need to complete your Green Smoothie Detox diet and answer all your questions including: What is the Green Smoothie Detox Diet? What are the benefits? How do you get started? What will you need to do it? Not just another recipe book: Unlike other green smoothie diet books which stop at simply providing a list of smoothie recipes together with some generic/stock pictures of green drinks, this book includes everything you need to know about the Green Smoothie Detox Diet and the complete nutritional breakdown for each of the 39 delicious smoothies. In this Book, diet amp nutrition expert Maggie Fitzgerald shows you all the delicious ways to: Feel refreshed and energized Lose Weight the healthy way Have clearer, glowing skin Seriously boost your immune system Get better quality sleep Greatly improve your digestion Beat cravings for unhealthy food Get your copy at the low introductory price and take charge of your health today! BONUS BOOK! If you buy The 14 Day Green Smoothie Detox Diet! today, you will also get a FREE BONUS copy of the best-selling report: The Natural Strengthening Properties Of Organic Healing This bestselling book helps you to improve your overall health through a little known way of improving your wellbeing. And before you ask, these health cheats...

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