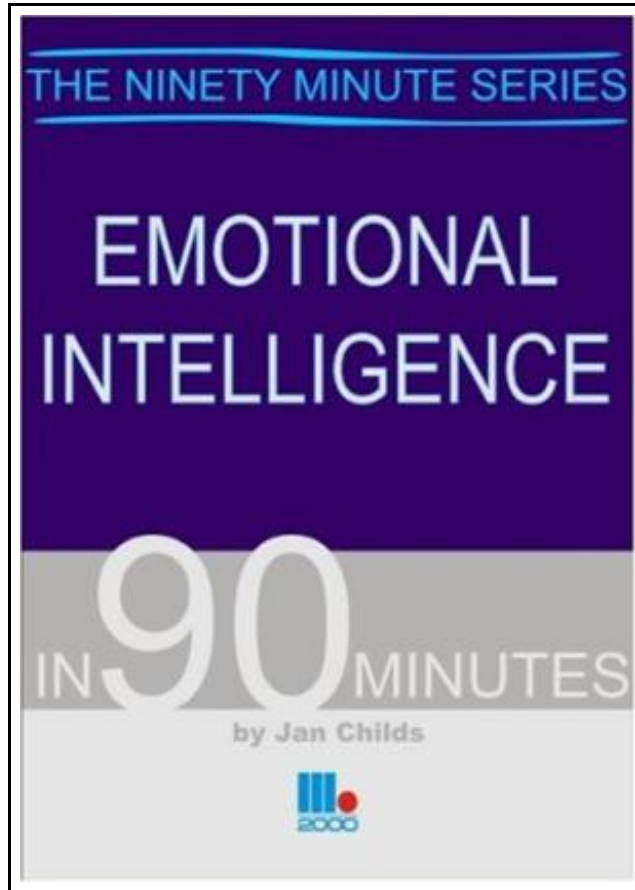


## Emotional Intelligence in 90 Minutes



Filesize: 1.47 MB

### ***Reviews***

*Thorough guide! Its this kind of excellent go through. It normally will not price an excessive amount of. You may like just how the blogger compose this ebook.*

***(Mrs. Linnea McKenzie)***

## EMOTIONAL INTELLIGENCE IN 90 MINUTES



Management Books 2000 Ltd, 2000. Paperback. Book Condition: new. BRAND NEW, Emotional Intelligence in 90 Minutes, Jan Childs, This is another in the "In Ninety Minutes" series which offers the reader a comprehensive but easily readable and digestible text covering a specific topic in an hour and a half of study. The concept of emotional intelligence as a tool for improved personal and business performance is well established amongst psychologists, academics, theorists and consultants. However, in the wider community it still has an air of mystery about it. This concise, practical guide explains both the theory and the practice in straightforward terms which anyone can understand. Areas covered include: What is emotional intelligence?; Why is it important?; a 4-step process for developing emotional competence; how to put it into practice, including: emotional engagement, empathetic listening, assertiveness without aggression, advanced communication, and team management/participation; and, the benefits of EQ - both to individuals and to organisations.



[Read Emotional Intelligence in 90 Minutes Online](#)



[Download PDF Emotional Intelligence in 90 Minutes](#)

## See Also



### **No Friends?: How to Make Friends Fast and Keep Them (Paperback)**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do You Have NO Friends ? Are you tired of not having any...

[Read eBook »](#)



### **Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)**

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how...

[Read eBook »](#)



### **It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em**

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

[Read eBook »](#)



### **The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program (Paperback)**

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators...

[Read eBook »](#)



### **Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire**

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 9.0in. x 6.0in. x 0.1in.Still finding it getting your way around your Kindle Fire Wish you had...

[Read eBook »](#)