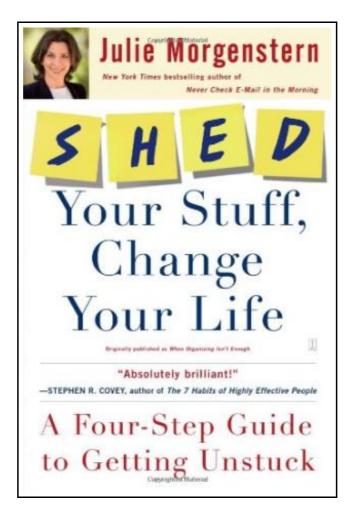
### Shed Your Stuff, Change Your Life: A Four-Step Guide to Getting Unstuck



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