



## Furiously Happy (Paperback)

By Jenny Lawson

Pan MacMillan, United Kingdom, 2016. Paperback. Book Condition: New. Main Market Ed.. 197 x 130 mm. Language: English . Brand New Book. For fans of David Sedaris, Tina Fey and Caitlin Moran comes the new book from Jenny Lawson, author of the #1 New York Times bestseller *Let's Pretend This Never Happened*. In *Let's Pretend This Never Happened*, Jenny Lawson regaled readers with uproarious stories of her bizarre childhood. In her new book, *Furiously Happy*, she explores her lifelong battle with mental illness. A hysterical, ridiculous book about crippling depression and anxiety? That sounds like a terrible idea. And terrible ideas are what Jenny does best. As Jenny says: You can't experience pain without also experiencing the baffling and ridiculous moments of being fiercely, unapologetically, intensely and (above all) furiously happy. It's a philosophy that has - quite literally - saved her life. Jenny's first book, *Let's Pretend This Never Happened*, was ostensibly about family, but deep down it was about celebrating your own weirdness. *Furiously Happy* is a book about mental illness, but under the surface it's about embracing joy in fantastic and outrageous ways. And who doesn't need a bit more...



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